

Sexual Fantasy and Arousal

Managing the problem



... Specialist training, consultancy & advice

Fantasy and arousal are two of the most significant factors associated with sexual offending, and an understanding of this area is fundamental in the effective assessment, treatment and risk management of offenders.

Our one-day workshop combines practical insights with relevant techniques that can be used by offender managers, social workers, public protection police officers or other practitioners working in the field of sexual abuse.



working to protect children

www.lucyfaithfull.org/training

Fantasy and arousal management

A course for practitioners

This training course provides an insight into the role of fantasy and arousal in the sexual offending cycle. Increasing your understanding of this aspect of sexually abusive behaviour will enable you to:

- Enhance your risk management skills
- Develop new techniques in managing offenders
- Engage individual offenders in discussions about their behaviour.

Throughout the day, you will be given the opportunity to explore the issues through individual case studies as well as to discuss your own case examples.

Course aims

This course will increase your confidence in dealing with sexual offenders and in engaging them in constructive discussions about their behaviour. It covers details about arousal management techniques and how to convey them to offenders.

As specialists in offender treatment and management, our facilitators will explain:

- The nature and role of sexual fantasy in offending
- How sex is used as a coping device and the needs met by sexual fantasy
- Models you can use when working with offenders
- The link between deviant sexual fantasy and risk
- Techniques for arousal management
- Ways to devise effective intervention plans

Models demonstrated on the course include fantasy continuum, arousal diary, fantasy range and themes.

Booking for 19 Nov 2009 (Surrey), 28 Jan 2010 (Birmingham) and 25 Feb 2010 (Bristol)
or call us to arrange group training at your own premises on another date.

We provide a comprehensive range of services, including training and consultancy for professionals, and direct work with sex offenders and their families.

For further details, visit our website, www.lucyfaithfull.org

**For further course details, or to discuss
your training requirements, contact
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